

## 6.7 Sun safety Policy

Little Deers preschool is aware that young children can become ill during very hot weather and their health can be seriously affected by:

- dehydration
- heat exhaustion
- heatstroke
- sunburn.

### Policy statement

Little Deers preschool has a procedure to keep children safe outside in sunny and warm weathers:

- minimise the time children are out in the sun, especially when the sun is at its strongest (11am to 3pm)
- apply high factor sunscreen to children regularly and at least 20 minutes before children go outside
- encourage children's independence when applying sunscreen and where age appropriate support the child in apply their own
- reapply sunscreen to children after water play
- encourage parents to provide loose fitted long sleeved clothing and a sunhat, preferably one with a wide brim or a long flap at the back, that will protect a child's head and neck from the sun
- ensure children drink plenty of fluids so they don't get dehydrated.

When a child does not have sunscreen they will be kept in the shade and out of the sun or inside the playroom.

Parents are made fully aware of the procedures for sun cream, they must provide labelled sun cream for their child or sign for permission to use a 'preschool sun cream'. When the 'preschool sun cream' is being used parents will be informed of the specific cream that is used to ensure they can advise on any allergies.

Permission to apply sun cream to children will be reviewed annually

This policy was adopted by	Little Deers Preschool	name of setting
On	13 <sup>th</sup> June 2016	(date)
Date to be reviewed	June 2017	(date)
Signed on behalf of the provider		
Name of signatory	Adele Gibson	
Role of signatory (e.g. chair/owner)	Managing Director	